



ACCESS + EU

Newsletter 3

June, 2026

International Training of Trainers in Italy



Empowering Youth Workers

From 20 to 22 May 2026, Bologna hosted the International Training of Trainers of the Access+EU project. The training gathered 15 youth workers, trainers, teachers and project coordinators from Italy, Albania, Spain, Poland, and Bosnia and Herzegovina. The ToT represented a key step in transforming the project's research phase into practical tools, shared methodologies, and concrete strategies for disability inclusion in Erasmus+ youth mobility.

A Three-Day Learning Journey

In three days, the Training of Trainers guided participants through a gradual and engaging learning path. The first day focused on building a shared understanding of disability and inclusion, encouraging participants to reflect on their own assumptions and explore how communication, language and attitudes shape participation in mobility projects. The second day moved into practical territory, with hands-on work on inclusive project design, accessibility planning and facilitation strategies for mixed-ability groups, enriched by examples from different partner countries. The final day brought everything together through digital accessibility tools, evaluation methods and discussions on how to transfer the new competences into daily practice. The training closed with a collective reflection that highlighted both personal growth and a renewed commitment to more inclusive youth mobility.



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Jennifer, participant: "It was truly eye-opening to experience firsthand the needs of people with special needs in international mobility contexts. The trainers were clear, engaging, and supportive. I now feel much more prepared to organise projects that are genuinely inclusive for everyone."

What is next?

- Handbook publication: Access+EU Handbook will be published soon, including insights and best practices from Focus Groups and Technical Visits and suggestions from our professionals.
- Dissemination events: our local dissemination events will take place in summer, to spread the word about the project and promote the outcome (such as the Handbook and the Online Educational Resources) among youth workers and stakeholders.
- Final evaluation meeting: Our final partners meeting will happen in Tenerife, in 10-11 of August, where we celebrate the project's success and prepare its sustainable continuation.

What the participants experienced

Before the training, participants described a mix of enthusiasm and uncertainty: many had experience in youth work but felt only partially equipped to address disability inclusion, often citing limited tools, lack of confidence, or fear of making mistakes. The post-training assessment showed a clear shift. Participants reported feeling more prepared, more confident in communicating with young people with disabilities, and better able to plan accessibility measures, adapt activities, and manage mixed-ability groups. What began as a need for clarity and practical guidance became a renewed sense of readiness and capability to make mobility projects genuinely more inclusive.



Where to find us?

The website of Access+EU is already available for use!

Go and check it out for further information about the project:

<https://accesseu.eu/>

Follow us on social media: [Instagram](#) and [Facebook](#)

If you are interested in joining our project, contact us at info@you-net.eu

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